



## **EGD INSTRUCTIONS**

Do not eat or drink anything, except medications with a sip of water, for **at least 8 hours** prior to the procedure.

Brushing your teeth prior to procedure: The amount of water used to brush your teeth is incidental. It is acceptable to brush your teeth and rinse your mouth with water up until the time of your procedure.

## **EGD INSTRUCTIONS FOR INSULIN CONTROLLED DIABETICS**

Do not eat or drink anything, except medications with a sip of water, for **at least 8 hours** prior to the procedure.

Brushing your teeth prior to procedure: The amount of water used to brush your teeth is incidental. It is acceptable to brush your teeth and rinse your mouth with water up until the time of your procedure.

### **The morning of your procedure:**

- Do not take any Humalog or Regular Insulin. If you are on NPH or Lente, take HALF ( $\frac{1}{2}$ ) of your normal dose.
- If you are on Lantus Insulin, do not change your dose.
- Check your blood sugar in the morning as usual and report the level to the nurse when you are admitted for the procedure.
- If your glucose level is low, you may take glucose tablets with a small sip of water.
- Resume your normal Insulin dose following your procedure and if you are tolerating solids.

## **EGD INSTRUCTIONS FOR ORAL CONTROLLED DIABETICS**

Do not eat or drink anything, except medications with a sip of water, for **at least 8 hours** prior to the procedure.

Brushing your teeth prior to procedure: The amount of water used to brush your teeth is incidental. It is acceptable to brush your teeth and rinse your mouth with water up until the time of your procedure.

### **The day of your procedure:**

- Do not take any medication except Actos or Avandia as these dosages should remain the same as usual.
- Check your blood sugar that morning and report the level to the nurse when you are admitted for your procedure.
- You may take Glucose tablets if your blood sugar is low that morning with a small sip of water.
- Resume your normal medications following the procedure and if you are tolerating solids.