

# Procedures at St Mary's Hospital

## PROCEDURE LOCATION:

St Mary's Hospital  
2635 N 7th Street  
Grand Junction CO 81501-8104

## ARRIVAL TIME:

- Please check in 1 hour 30 minutes before your procedure and plan on staying for approximately three hours.
- Check-in is through Entrance 1, or you can park on the 3rd level of the parking garage and walk across the skywalk.
  - Park in the parking garage on the third level to access the walkway to the main floor.
  - Walkway will lead to the main floor lobby – you will turn left to go down the hallway towards 'Registration'.
  - Registration for all procedures is on the left side of the hallway.
  - Once registered the staff will direct you where to go.

## PRE-REGISTRATION:

St Mary's Hospital requires scheduled patients to preregister for all procedure. Please call all pre-registration at 970-298-2483, and follow the prompts for SMH in Grand Junction. Please note you may receive multiple phone calls from St. Mary's, it is important that you answer these as they pertain to your procedure.

## GENERAL INFORMATION:

- Do not plan on working the rest of the day.
- Dress comfortably and wear minimal jewelry. No tongue rings.

## BILLING:

A Billing Office team member will be reaching out prior to your procedure to discuss payment for any estimated out of pocket patient responsibility.

## MEDICATIONS:

- All regular medications other than blood thinners can be taken with a sip of water.
- Tylenol (acetaminophen), Aspirin and NSAIDS can be taken as normal.
- Please bring an updated medication list with you.
- Please do not bring any medications with you.
- Diabetics: Please see detailed diabetic medication instructions included with this packet.
- It is important that you stop taking any medications that may affect the clotting of your blood.
- If you take any Blood Thinners, you will need to discontinue taking it before your procedure.
  - Below are some common medications with the number of days before your procedure to stop taking it.
    - Stop 5 days prior to procedure: Plavix (Clopidogrel), Effient (Prasugrel), Aggrenox, Agrastat, Iprivask, Persantine, Brilinta, Ticlid
    - Stop 3 days prior to procedure: Coumadin (Warafarin), Pradaxa, Savaysa, Xarelto, Pletal
    - Stop 2 days prior to procedure: Eliquis, Arixtra

- Stop 1 day prior to procedure: Lovenox
  - Please note, this is not an all-inclusive list. If you are uncertain about the medication you are taking, please call the prescribing physician for the medication you have questions about.
- If you take any of the following medications for diabetes or weight loss you will need to discontinue them ONE WEEK prior to the procedure and need to be on a CLEAR LIQUID diet the day before the procedure.
  - Ozempic (Semaglutide)
  - Rybelsus (Semaglutide)
  - Wegovy (Semaglutide)
  - Trulicity (Dulaglutide)
  - Victoza (Liraglutide)
  - Saxenda (Liraglutide)
  - Byetta (Exenatide)
  - Bydureon BCise (Exenatide)
  - Mounjaro (Tirzepatide)

#### TRANSPORTATION:

You will be sedated for your procedure and unable to drive yourself home. A responsible adult will need to be with you when you are discharged from the facility. The procedure may not be performed if you do not have someone with you to drive you home.

INSURANCE: Please bring your insurance card with you each time you have a procedure. We will need to make a copy each visit.

Note: If your insurance requires a pre-authorization, please keep in mind that obtaining this authorization does not guarantee payment. Contact your insurance for more information prior to your procedure.

If you have any additional questions, please call 970- 242-6600 option 2.