

# Procedures at the Endoscopy Center of Grand Junction

## PROCEDURE LOCATION:

Endoscopy Center of Grand Junction  
1035 Wellington Ave  
Grand Junction Co 81501

If you need to call the Endoscopy Center directly, please call 970-257-6915

## ARRIVAL TIME:

Please check in 45 minutes before your procedure.

## GENERAL INFORMATION:

- Failure to arrive before your scheduled procedure time may result in your procedure being rescheduled.
- Plan on staying for approximately 2 - 2 1/2 hours in total.
- Do not plan on working the rest of the day.
- Dress comfortably and wear minimal jewelry. No tongue rings.
- You may receive a call from the facility a few days prior to your procedure to review medical information.

## MEDICATIONS:

- All regular medications other than blood thinners can be taken with a sip of water 3 hours prior to procedure time.
- Tylenol (acetaminophen), Aspirin and NSAIDS can be taken as normal.
- Please bring an updated medication list with you.
- Please do not bring any medication with you.
- Diabetics: Please see detailed diabetic medication instructions included with this packet.
- If you have COPD and/or asthma, please use your inhaler the day of the procedure and bring it with you the day of the procedure.
- It is important that you stop taking any medications that may affect the clotting of your blood.
- If you take any Blood Thinners, you will need to discontinue taking it before your procedure.
  - Below are some common medications with the number of days before your procedure to stop taking it.
    - Stop 5 days prior to procedure: Plavix (Clopidogrel), Effient (Prasugrel), Aggrenox, Agrastat, Iprivask, Persantine, Brilinta, Ticlid
    - Stop 3 days prior to procedure: Coumadin (Warfarin), Pradaxa, Savaysa, Xarelto, Pletal
    - Stop 2 days prior to procedure: Eliquis, Arixtra
    - Stop 1 day prior to procedure: Lovenox
  - Please note, this is not an all-inclusive list. If you are uncertain about the medication you are taking, please call the prescribing physician for the medication you have questions about.

If you take any of the following medications for diabetes or weight loss you will need to discontinue them ONE WEEK prior to the procedure and need to be on a CLEAR LIQUID diet the day before the procedure.

- \* Ozempic (Semaglutide)
- \* Rybelsus (Semaglutide)
- \* Wegovy (Semaglutide)
- \* Trulicity (Dulaglutide)
- \* Victoza (Liraglutide)
- \* Saxenda (Liraglutide)
- \* Byetta (Exenatide)
- \* Bydureon BCise (Exenatide)
- \* Mounjaro (Tirzepatide)
- \* Sympathomimetic anorexiants (Phentermine)

#### TRANSPORTATION:

You will be sedated for your procedure and unable to drive yourself home. A responsible adult will need to be with you when you are discharged from the facility. The procedure may not be performed if you do not have someone with you to drive you home. Please note you may not leave in a taxi, Uber, or hotel shuttle unless there is a responsible adult with you.

#### INSURANCE:

Please bring your current insurance card with you each time you have a procedure. We will need to make a copy each visit.

#### Note:

If your insurance requires a pre-authorization, please keep in mind that obtaining this authorization does not guarantee payment. Contact your insurance for more information prior to your procedure.

#### BILLING:

A Billing Office team member will be reaching out prior to your procedure to discuss payment for any estimated out of pocket patient responsibility.

If you have any additional questions, please call 970- 242-6600 option 2, option 2.